

# complementing beauty

“Our procedures complement each other and our styles complement each other,” says Dr. Alesia Saboeiro of her plastic surgery partnership with Dr. Sydney Coleman, who the NY Times called the “guru of fat injections.”

Dr. Sydney Coleman has devoted the majority of his plastic surgery career to fat grafting, a natural filler that he is able to use to rejuvenate almost any part of the body. He has even trademarked his own technique, LipoStructure. In the quest to complement his specialty and offer patients a full range of services, Dr. Coleman teamed up with Dr. Alesia Saboeiro, a board-certified plastic surgeon who focuses on traditional cosmetic procedures in addition to performing LipoStructure work.

Dr. Coleman and Dr. Saboeiro share a unique philosophy when it comes to plastic surgery. Dr. Coleman explains that the traditional approach toward surgery has always been to remove the problem. However, these two doctors think in terms of enhancing what the patient

already has while trying to move toward a healthier and a more beautiful whole. Dr. Saboeiro says, “We are working to restore the fullness lost with aging, thereby returning patients to a more youthful appearance.”

The doctors’ consultation process is extensive. During the course of two visits, dozens of photographs are taken and compared to photographs of the patient when they were younger. Doctor and patient then review the photos and work together to establish a treatment plan. Dr. Coleman says, “Trying to figure out with the patient where we are going is most important. Even though it is good to identify the problems, it is more important to know where we are both headed.” 212-571-5200 or [newbeauty.com/colemansaboeiro](http://newbeauty.com/colemansaboeiro).

“We work together  
to give our patients the most  
optimal results.”

—ALESIA SABOEIRO, MD

## FINDING A NATURAL FILLER

Having developed his own technique, called Lipostructure, and having used it for almost 20 years, Dr. Coleman now lectures on and teaches his method to plastic surgeons throughout the world. He has even published a book for plastic surgeons on the technique. LipoStructure uses the **PATIENT’S OWN BODY FAT AS A NATURAL, LIVING FILLER** to restructure any part of the body or the face. He initially used the technique for the nasolabial folds and the mouth, but after listening to his patients, Dr. Coleman began using the procedure on other problem areas. “Not only did patients look better, but it became **A WAY OF REJUVENATING THE ENTIRE FACE,**” says the plastic surgeon. With LipoStructure, the patient’s own body fat is harvested and then expertly layered in miniscule amounts into the area of concern. Dr. Saboeiro extols the benefits of the technique by saying, “The fat is a natural filler to which your body cannot react and the results, if done correctly, show every indication of being permanent.”

INSIDE INFORMATION

